

SUBJECT: LOGROLLING	REFERENCE #8120
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APPROVED BY:	EFFECTIVE:
	REVISED:

**EQUIPMENT:**

- Drawsheet
- Two or three (2 or 3) pillows
- Another care provider to assist with the procedure

**POLICY:**

To safely turn and position the patient while maintaining spinal cord alignment.

**PROCEDURE:**

- Wash hands
- Identify the patient using two (2) patient identifiers
- Assemble equipment
- Explain the procedure to the patient
- Provide privacy
- Elevate the bed to working level in flat position
- Have the drawsheet in place
- Lock wheels on the bed

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- Drawsheet:
  - Remove the pillow to the foot of the bed, and fold top linens down.
  - Untuck the drawsheet from both sides of the bed. The drawsheet will be used to slide the patient to the side of the bed.
  - Both of the care providers should position themselves on the same side of the bed. Lower the siderail nearest to you. Fanfold the drawsheet until it is close to the patient's body.
  - On the count of three (3), both persons should pull on the drawsheet and slide the patient toward them.
    - This requires less energy than lifting. The drawsheet reduces friction.
  - One (1) person should move to the opposite side of the bed and lower the siderail.
  - Place extra pillows between the patient's knees. This helps maintain proper body alignment during turning.
  - Instruct and assist the patient to cross his/her arms and to hold his/her back rigid.
  - The person farthest from the patient grasps the drawsheet near the other person, rolling the patient toward him/her.
    - The drawsheet rolls the patient as unit and prevents flexion of back.
  - The person nearest to the patient assists in turning the patient as needed and places pillow(s) to support the patient's back.
    - The pillow supports are used to maintain good body alignment.
  - Return the pillow under the patient's head. Adjust for comfort
  - Ensure siderails are up, as applicable.

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**DOCUMENTATION:**

- Date and time
- Record the position the patient was moved to and the procedure used
- Patient's response to the procedure

**REFERENCE:**

*Logrolling a Patient*, by: Jaffe SE, Pravikoff D, CINAHL Nursing Guide, March 18, 2011, Nursing Reference Center